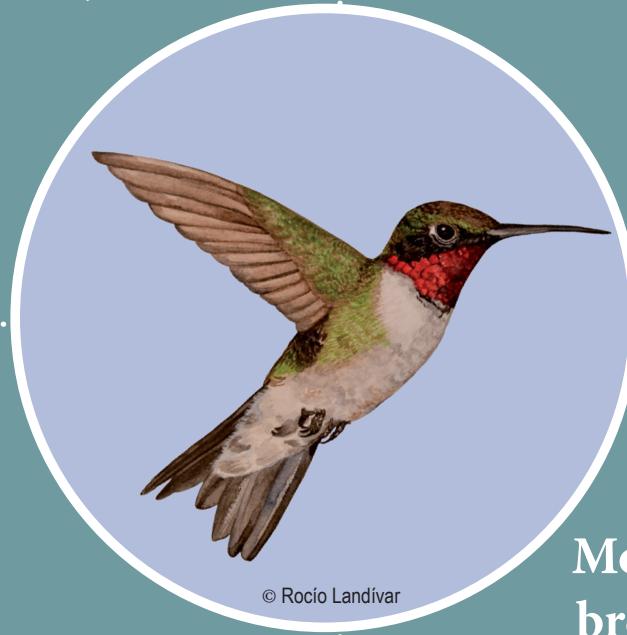


RUBY-THROATED HUMMINGBIRD

The Ruby-throated Hummingbird is the only hummingbird that migrates through and breeds in eastern North America. It nests in open woodlands, meadows, and grasslands, as well as along forest edges and in parks, gardens, and backyards.

Ruby-throats are commonly seen feeding on red and orange flowers in open woodlands, meadows, parks, and backyard gardens. Plant native flowers to help hummingbirds.



How can you help?

Most hummingbirds arrive at their breeding grounds by late February to early April. As they migrate northward, they depend on early-blooming flowers.



Most Ruby-throats fly 500 miles (800 km) non-stop across the Gulf of Mexico during migration. This is an 18–22 hour flight for a bird that weighs little more than a penny!



**PLANT
EARLY- BLOOMING
FLOWERS**